Primitive Quilts
and Projects

Winter Appliqué

Winter Blooms

Designed and hand appliquéd by Dawn Heese
Finished size: 13″ x 27″

Table runners are a great way to easily change the look of your décor, and what better material to use for a winter one than wool? Because I wanted to display mine after the holiday hubbub, I opted for a wintery, rather than Christmas, theme. Quick and easy to stitch up, this table runner makes the perfect weekend project.

Material Requirements

⅞ yard black plaid flannel for appliqué background and backing

8″ square green wool for vines, leaves, and flower bases

6″ x 8″ red wool for poinsettia and flowers

6″ square blue wool for vase

4″ square gold wool for poinsettia center and berries

Small scrap of cream wool for poinsettia center circle

Appliqué thread (Dawn used Simply Wool by The Gentle Art, Inc.)

Wool Preparation

1. Trace all the appliqué templates in the template insert the number of times noted onto the paper side of the freezer paper. Then cut them out about a ¼″ outside the drawn lines. NOTE: there are no templates for the 12 gold berries and the cream poinsettia center circle because they are cut free-hand. In Dawn's project, the berries range from ½″-⅝″ in diameter, and the poinsettia center circle is about ½″ in diameter.
2. With a hot dry iron, press the shapes, shiny side down, onto the appropriate wool colors.
3. Cut out the shapes on the drawn lines, then remove the paper.

Cutting Instructions

Because felted wool does not fray, there is no need to turn under the edges of the wool appliqué pieces.

From black plaid flannel, cut:
• 2—14″ x 28″ rectangles for appliqué background and backing

From green, red, and blue wool, cut:
• Templates the number of

times noted in the template insert (The berries and poinsettia center circle are cut free-hand)

From gold wool, cut:
• 12 berries free-hand

From cream wool, cut:
• 1 berry free-hand

From green wool, cut:
• 2—¼″ x 8″ strips for long side stems
• 4—¼″ x 6″ strips for berry stems

Sewing Instructions

1. Referring to the photo on page 28 for placement, appliqué the shapes to the 14″ x 28″ black plaid flannel background. Dawn stitched her appliqué with Simply Wool thread by The Gentle Art, Inc. in colors that matched the appliqué shapes. Stitch the berries with an X in the center.

2. Using a stem stitch and Simply Wool thread in Roasted Marshmallow by The Gentle Art, Inc., stitch the eight snowflakes and finish them with a French knot at the end of each line of stitching. The French knots are wrapped four times around the needle.

STEM STITCH

3. Press the stitched piece with steam from the back.

4. With right sides together, layer the stitched piece and the remaining 14″ x 28″ black plaid flannel rectangle, which will be the backing. Pin in place to prevent shifting.

5. Using a ½″ seam allowance, sew together the two pieces from the previous step, leaving an opening for turning the table runner right side out. Clip the corners, using a pencil to push the corners out. Turn the table runner right side out.

6. Press the seam with steam, folding in the seam allowance where you turned the runner right side out.
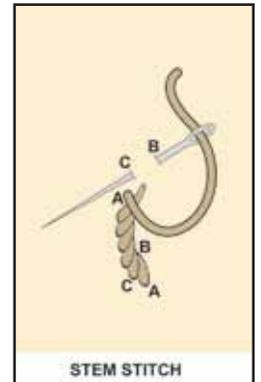
7. Using a ¼" seam allowance, topstitch the entire perimeter to sew the opening closed while creating a nicely-finished edge.

Dawn Heese is a third-generation quilter who taught herself almost everything she knows about quilting. Her creative pursuits sparked her own pattern line called Linen Closet Quilts. She particularly loves quilts with a worn and well-loved look and draws most of her design inspiration from antique and vintage examples. Dawn has published four books, *Geese in the Rose Garden, Cottage Charm, A Year of Cozy Comforts*, and most recently, *Inspired,* with Kansas City Star. She was also a featured designer for *Quiltmaker* magazine's 100 Blocks issue. She recently started designing fabric. Best Wishes, her new collection with Henry Glass and Co., made its debut in January.

A furry friend who graced the cover of our Fall 2011 issue makes an encore appearance, posing on top of Dawn Heese's festive *Winter Blooms* wool table runner.

Contact Information

For more information on Dawn's designs, contact her at dawne86@hotmail.com, www.dawnheesequilts.blogspot.com, or www.facebook.com/LinenClosetDesigns.

Let it Snow

red
poinsettia
petal
cut 8

bloom
cut 2 red

bloom leaf
cut 2 green

leaf
cut 12
green

poinsettia
center
cut 1
gold

snowflake
guide

pot
cut 1 blue

Winter Blooms
Dawn Heese
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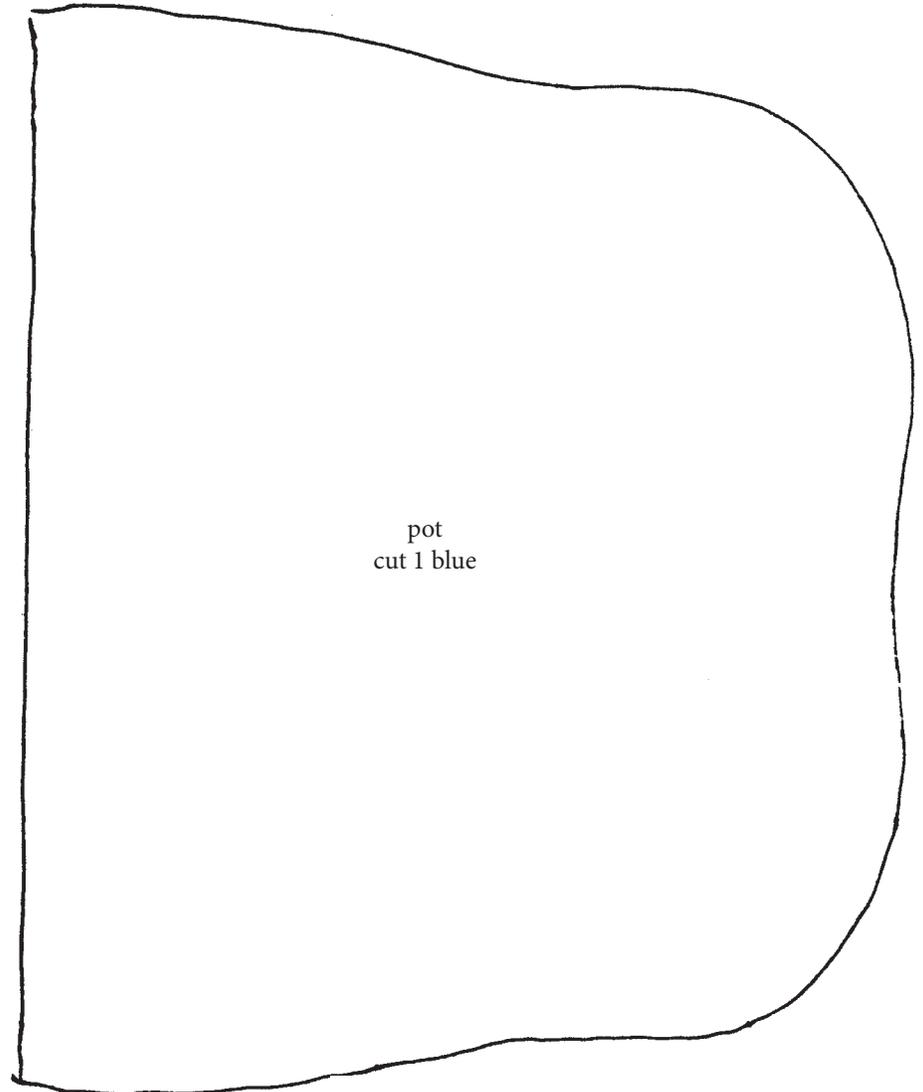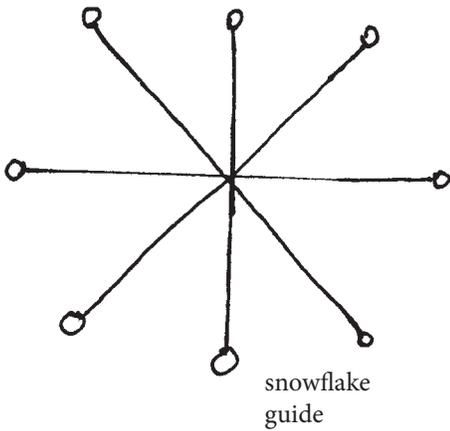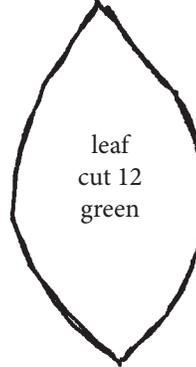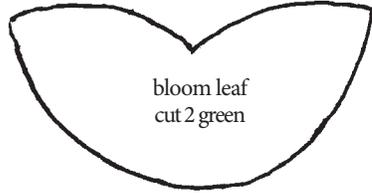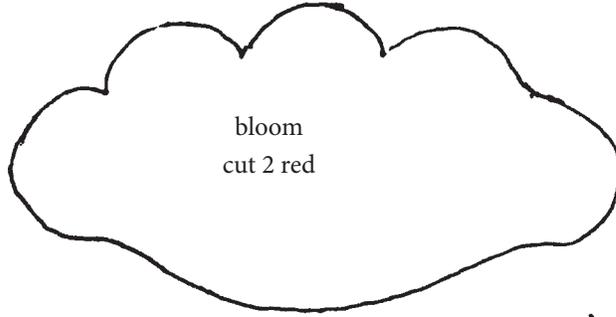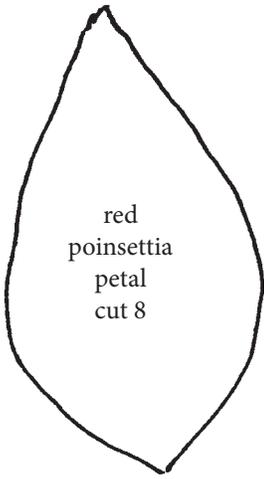
Pomegranate Holiday

Designed by Debbie Wick
Quilted by Linda Campbell
Finished size: 31¼" x 39"

Project Level of Difficulty

Intermediate

As I was brainstorming ideas for a holiday accent in our dining room, a pomegranate table mat came to mind. I added dimension to the pomegranates by layering wool and cotton appliqué. Accented with beautiful glass beads, the centers of the wool appliqué are cut out to reveal the cotton layer underneath.

Material Requirements

Cottons:
- ☐ 2 yards tan print for background and backing
- ☐ ¾ yard red print for pomegranates and bias binding
- ☐ 1 fat quarter green print for pomegranate vines
- ☐ Scrap of gold print for vine on basket
- ☐ Scrap of black print for strip on basket
- ☐ 3" square red print for mini yoyo on basket

Wools:
- ☐ 12" square burgundy wool for pomegranates and bird body (Debbie used Weeks Dye Works wool in Merlot)
- ☐ 5" square red plaid wool for bird wings
- ☐ 12" square green wool for leaves
- ☐ 5" square gold wool for berries
- ☐ 5" x 9" black check wool for basket

Additional Supplies:
- ☐ No. 8 perle cotton in red, green, gold, and black
- ☐ Mettler 50-weight red thread
- ☐ Mettler 50-weight green thread
- ☐ Clover appliqué pins
- ☐ Size 10 appliqué needle for cotton appliqués
- ☐ Size 18-22 Piecemaker chenille needle for wool appliqués
- ☐ #12 Clover bias tape maker
- ☐ #9 Clover bias tape maker
- ☐ Roxanne's Basting Glue
- ☐ Aleene's No-Sew Fabric Glue
- ☐ No. 2 pencil
- ☐ Freezer paper
- ☐ Small sharp scissors
- ☐ 30—6cm glass beads for pomegranate centers
- ☐ Tiny 4cm black bead for bird's eye
- ☐ Mini yoyo maker

Appliqué Preparation

1. Lay the freezer paper, shiny side down, over the template of the basket, leaves, berries, and pomegranates (Instructions for how to cut the oval mat are in the **Cutting Instructions**). Trace the templates the number of times noted in the **Cutting Instructions** onto the non-shiny side of the freezer paper, leaving ½" between the drawn shapes. Cut out each piece roughly ¼" outside the traced lines.

**2.** Press the freezer paper shapes, shiny side down, onto the right sides of the wools. Let cool.

3. Cut out the wool shapes on the drawn lines.

Cutting Instructions

Templates do not include a seam allowance. Because felted wool does not fray, there is no need to turn under the edges of the appliqué pieces.

For the oval mat front and back, create an oval paper template by either folding the paper in half twice, then free-hand cutting the oval OR refer to the diagram below to cut the paper oval. Due to the distortion that can occur during the appliqué and quilting process, you won't cut out the actual fabric oval until AFTER the mat is quilted.
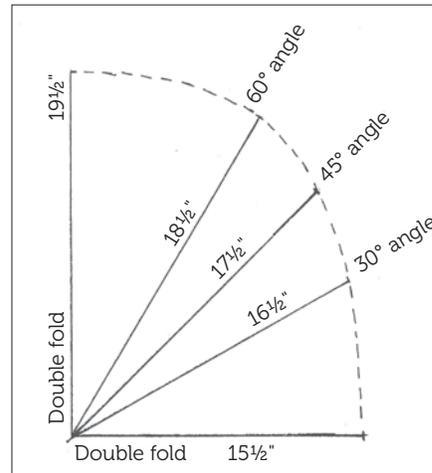
From tan print, cut:
- ✄ 2-yard piece in half to create two approximately 36" x WOF pieces. One will be used for the appliqué background and one for the table mat backing. Debbie does not cut out the actual fabric oval until AFTER the mat is quilted.

From red print, cut:
- ✄ 3 of Template A in the template insert
- ✄ 3 of Template D in the template insert
- ✄ 130 inches of 2¼"-wide bias strips for binding
- ✄ Mini yoyo on basket (Debbie used a mini yo-yo maker)

From green print, cut:
- ✄ ⅜"-wide finished bias pomegranate vines, using a #12 Clover bias tape maker

From gold print, cut:
- ✄ ¼"-wide finished bias vine on basket, using a #9 Clover bias tape maker

From black print, cut:
- ✄ ¼"-wide finished bias accent strip on basket, using a #9 Clover bias tape maker

From burgundy wool, cut:
- ✄ 3 of Template B in the template insert
- ✄ 3 of Template E in the template insert
- ✄ 3 of Template C in the template insert
- ✄ 3 of Template F in the template insert
- ✄ Bird body in the template insert

From red plaid wool, cut:
- ✄ Bird wings in the template insert

From green wool, cut:
- ✄ 16 total leaves of various sizes in the template insert
- ✄ 2 small leaves on basket in the template insert

From gold wool, cut:
- ✄ 6 berries in the template insert

From black check wool, cut:
- ✄ Basket in the template insert

Sewing Instructions

1. Referring to the photo of the table mat on page 55 for placement, baste the basket on the tan print appliqué background with Aleene's fabric glue, keeping the top slightly open. Sew a small red yo-yo in the center of the basket, then a small wool leaf on opposite sides of it, sewing a stem-stitch through the leaf center with green perle cotton.
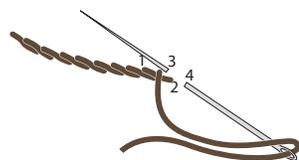
Stem Stitch

2. Referring to the photo of the table mat for placement, pin-baste the cotton vines under the top edge of the basket (Debbie used Clover appliqué pins to do this). Debbie bastes the vines with Roxanne's Basting Glue after all the other pieces have been placed and she is satisfied with their placement. Using Mettler 50-weight green thread, appliqué the vines to the tan print background.

3. Referring to the photo of the table mat for placement, baste the wool leaves on the tan print background next to the vines, using Aleene's fabric glue. Using green No. 8 perle cotton, blanket-stitch the leaves in place.
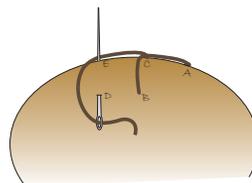
Blanket Stitch

4. The pomegranates feature two layers: the lower layer is cotton and the top layer is wool. Referring to the photo on page 55 for placement, use your favorite appliqué method to sew the cotton pomegranates to the tan print background with Mettler 50-weight red thread (Debbie used needleturn appliqué). Blanket-stitch the slightly smaller wool pomegranates and crown-shaped wool pomegranate tops to the cotton pomegranates. Note that the centers of the wool pomegranate pieces that go on top of the slightly larger cotton pomegranate pieces are cut out to appear as cutwork appliqué. Sew glass beads to the cutout center of the pomegranate.

5. Referring to the photo of the table mat for placement, blanket-stitch the berries to the tan print background with gold No. 8 perle cotton. Then long-stitch the centers in a star-like design with gold No. 8 perle cotton.

6. Referring to the photo of the table mat for placement and using black No. 8 perle cotton, blanket-stitch the bird to the tan print background so that the top wing is slightly under the bird's body. Then sew a tiny black bead for his eye.

7. When you have finished sewing the entire design, place the oval paper template you made earlier on top of the table mat, centering your design (If you have difficulty centering it with the paper template, you can transfer the paper template onto clear template plastic). Trace the oval shape with a chalk pencil, then thread-baste on the drawn line.

8. Sandwich the mat top, batting, and backing; baste. Quilt as desired.

9. Cut ⅛" from the oval line.

10. Using a ¼" seam, sew the binding around the entire oval mat (The oval line that you drew earlier will be hidden beneath the binding).
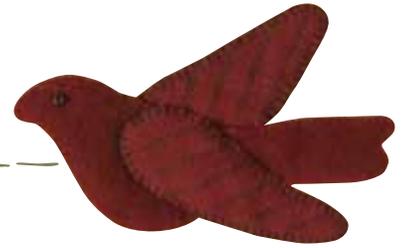
DEBBIE WICK has enjoyed embroidery since an early age and began quilting in 2006, teaching herself needleturn appliqué on a large floral garden quilt. A year later, she began her quilt teaching career. She teaches needleturn appliqué, piecing, and embroidery at local quilt shops and guilds.

Contact Information

For more information on Debbie's designs, contact her at dwickquilter@ymail.com.

Lines included for
stem placement only

Pomegranate Holiday
Debbie Wick
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F

D

Cut 3 of each

E

Cut total of 16 leaves

Cut 6 circles

Pomegranate Holiday
Debbie Wick

Winter 2013

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and Projects

Permission is granted to photocopy
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C

A

B

Cut 3 of each

Cut 1

Cut 1

Cut 1
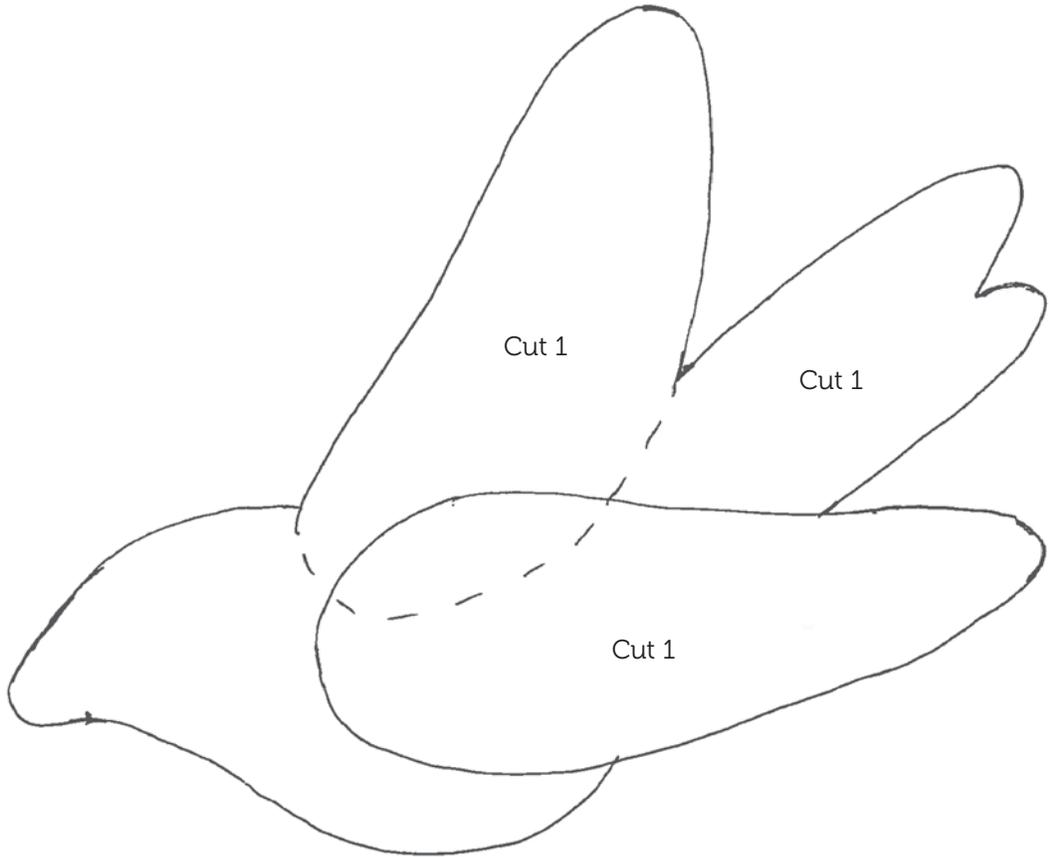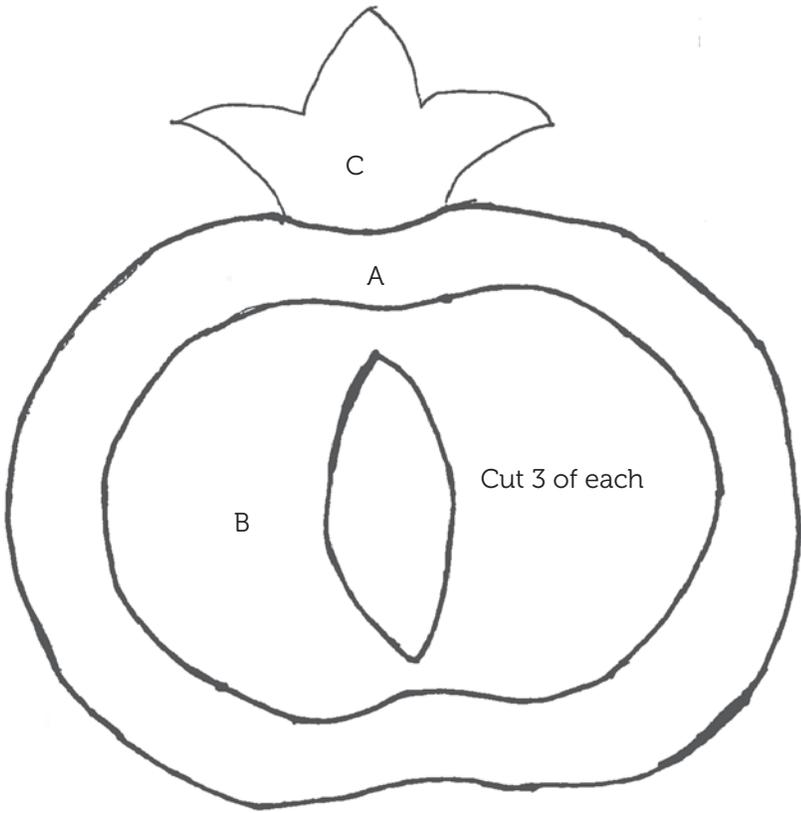
Mistletoe and Holly

Designed by Jan Speed of A Piece of Work
Finished size: 10" x 18¼"

Project Level of Difficulty

Beginner

You can never have too many table runners. They make enchanting accents for a dresser top, nightstand, or even a bathroom. Need a last-minute gift idea? Stitch up a delightful present for that special someone with this fanciful design.

Material Requirements

- ☐ 8" x 16" black wool for appliqué background
- ☐ 10" x 18" medium green wool for backing
- ☐ 6" x 7" brown wool for two birds
- ☐ 2" x 4" dark gold wool for bird wings
- ☐ 2" square gold wool for small star
- ☐ 3" square rust wool for large star
- ☐ 3" x 6" medium green wool for holly leaves
- ☐ 3" square red wool for holly berries
- ☐ 3" x 5" light green wool for mistletoe leaves
- ☐ 3" square yellow wool for mistletoe berries
- ☐ 1" x 14" medium green wool for vines
- ☐ Black, dark brown, gold, and tan embroidery floss

Cutting Instructions

Templates in the template insert do not include a seam allowance. Because felted wool does not fray, there is no need to turn under the edges of the appliqué pieces.

From assorted wools listed in the **Material Requirements**, cut appliqué pieces in template insert

From medium green wool, cut the following on the straight grain of fabric, referring to the appliqué placement diagram, below, for lettered labels:
- ✂ 1—¼" x 9" strip for vine A
- ✂ 1—¼" x 4½" strip for vine B
- ✂ 1—¼" x 5" strip for vine C
- ✂ 1—¼" x 12½" strip for vine D
- ✂ 1—¼" x 2¼" strip for vine E

Sewing Instructions

1. Referring to the appliqué placement diagram, below, lay out the appliqué pieces on the 8" x 16" black wool rectangle.

**2.** Using two strands of black embroidery floss, whipstitch the vines in place.
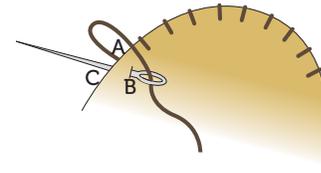
Whipstitch

3. Tucking a portion of a mistletoe leaf under the leftmost bird's beak, whipstitch the two birds and wings in place with two strands of dark brown embroidery floss. Using two strands of dark brown embroidery floss, sew French knots on their wings. Using two strands of gold embroidery floss, sew a single stitch for their eyes.
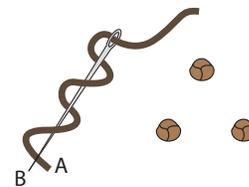
French Knot
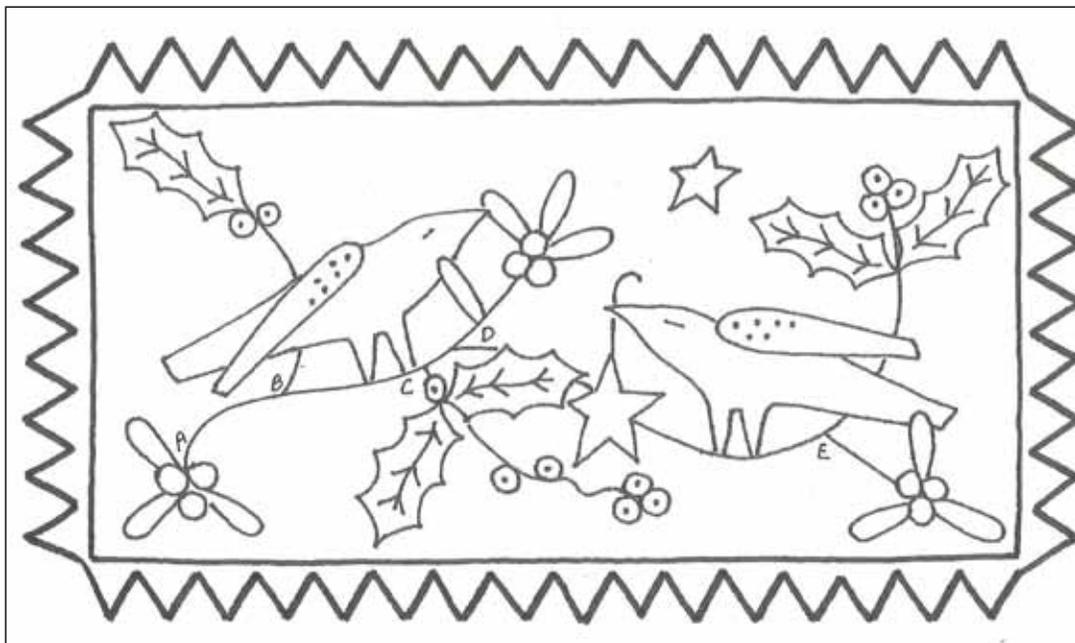
Appliqué Placement Diagram

4. Using two strands of black embroidery floss, whipstitch the mistletoe leaves and berries in place, then whipstitch the holly leaves and berries in place. Using two strands of black embroidery floss, backstitch veins on the holly leaves and sew French knots on the red berries.
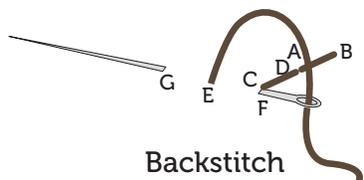
6. Place the appliquéd 8" x 16" black wool rectangle, face up, on the medium green wool backing, then whipstitch it in place.

Backstitch

5. Using two strands of black embroidery floss, whipstitch the stars in place. Using two strands of gold embroidery floss, backstitch the string that connects the large star to the rightmost bird in place.

JAN SPEED is a self-taught artist who has always had a passion for painting and drawing. For 15 years, she designed embroidery and appliqué patterns, which were sold in her sister's quilt shop in western Iowa. This endeavor launched her pattern company, A Piece of Work. She is inspired by the nature that surrounds her Louisiana home and all things old such as antique folk art, Fraktur, old quilts, and rugs. When not designing patterns, she loves to create vintage-style Christmas pieces, and hunts for anything that she can repurpose.

Contact Information

For more information on Jan's designs, contact her at jspeedtx@suddenlink.net or apieceofworkdesigns.com.

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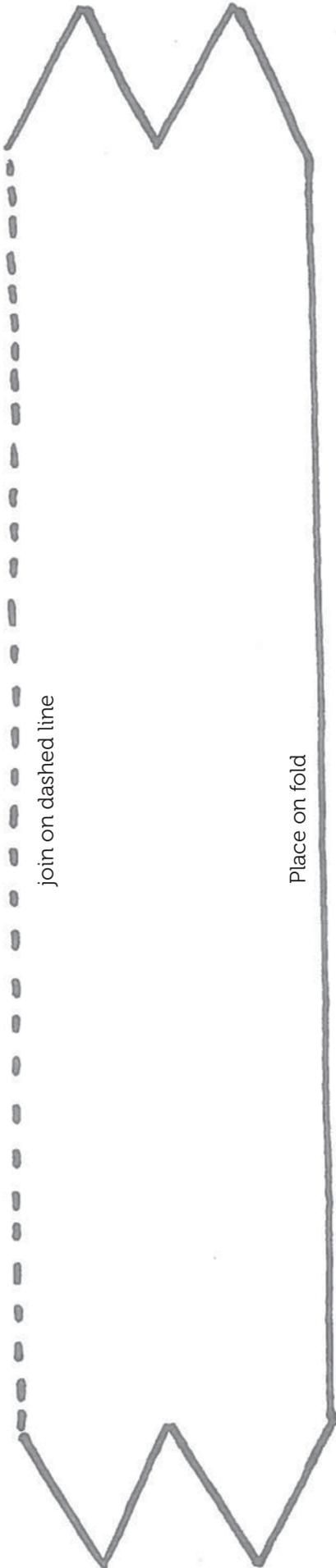
Mistletoe berry
Cut 9

Mistletoe leaf
Cut 10

join on dashed line

Place on fold
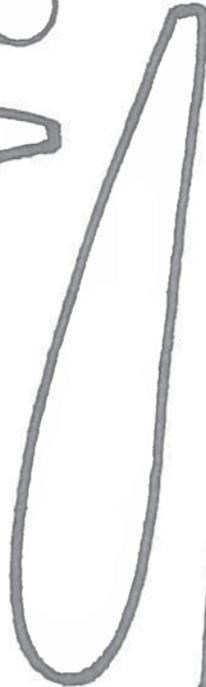
Wing
Cut 2
reverse 1

Bird
Cut 2
reverse 1
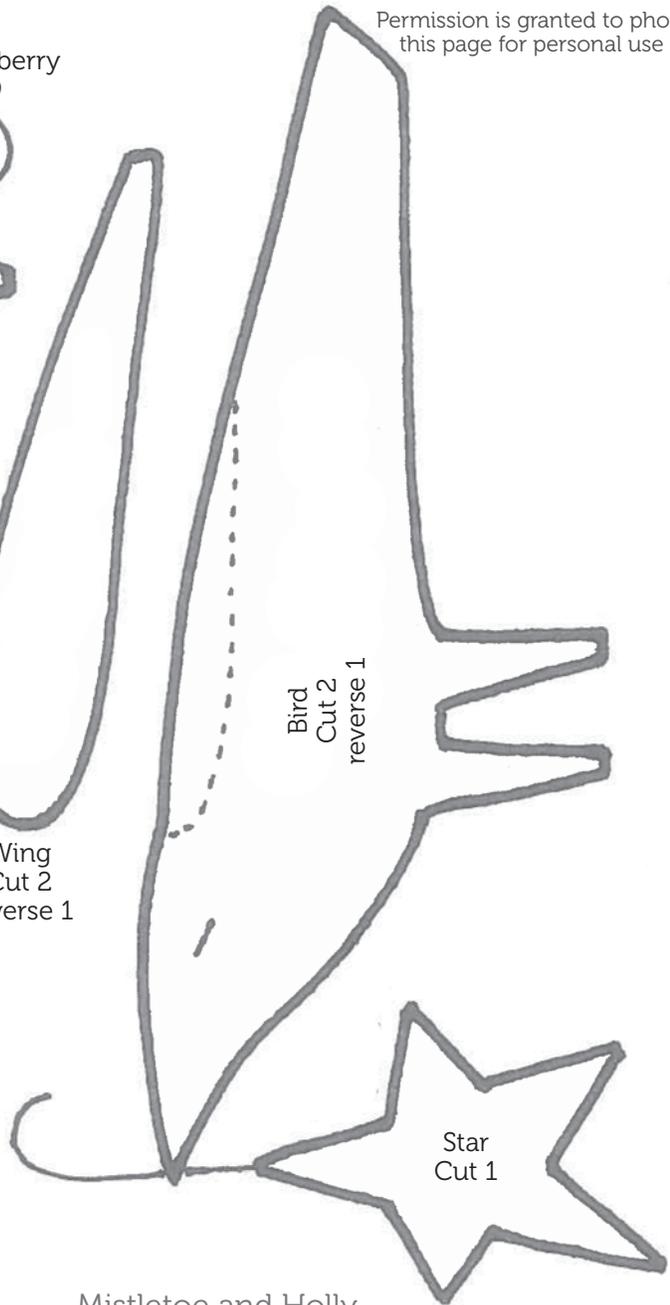
Star
Cut 1

Mistletoe and Holly
Jan Speed
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Holly berry
Cut 11
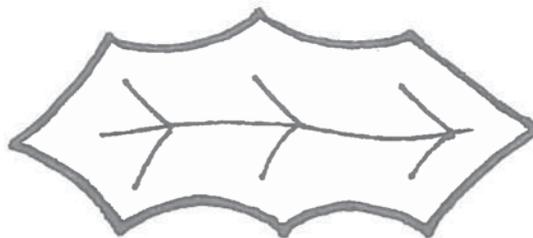
Holly leaf
Cut 5

Star
Cut 1

Primitive Quilts
and Projects

Backing
Cut 1

join on dashed line

Mistletoe and Holly
Jan Speed
Page 2 of 2

Polka dot Prance

Designed by Laurie Simpson
Finished size: 20" x 30" (approximate)

A few years ago, my sister Polly hooked a spectacular rug with a polka-dotted horse, and I have always wanted to create my own version of it. Since we were both designing projects for this issue, it was the perfect opportunity to put my own woolly twist on the design.

Material Requirements

18" x 30" cotton fabric for appliqué background
15" x 15" light gray wool for horse
10" x 10" medium gray wool for tail, mane, and
     polka dots
Scraps of red and blue wool for saddle, straps,
     and polka dots
22" x 33" felted wool fabric for batting
18" x 30" fabric of your choice for backing
No. 8 perle cotton in gray, black, and blue
Freezer paper

Wool Preparation

1. Trace all the appliqué shapes in the template insert the number of times noted in the **Cutting Instructions** onto the paper side of the freezer paper. Then cut them out ¼" outside the drawn lines.
2. With a hot dry iron, press the shapes, shiny side down, onto the appropriate wool colors.
3. Cut out shapes on the drawn lines, then remove the paper.

Cutting Instructions

Because felted wool does not fray, there is no need to turn under the edges of the wool appliqué pieces.

From light gray wool, cut:
• Horse in template insert

From medium gray wool, cut:
• Tail in template insert
• Mane in template insert
• Polka dots in template insert

From red wool, cut:
• Saddle and straps in template insert

From blue wool, cut:
• Polka dots in template insert

Sewing Instructions

1. Referring to the photo on page 78 for placement, appliqué the shapes to the 18" x 30" cotton background fabric with a blanket stitch in the following order: horse, tail, mane, saddle, and straps. Sew a star stitch to adhere the polka dots.

BLANKET STITCH
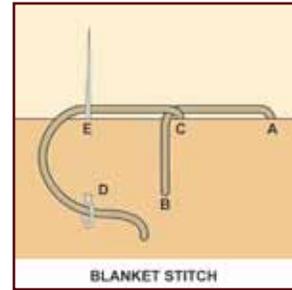
2. Trim the appliquéd top from the previous step to 18" x 27½", then center and pin it on the 22" x 33" felted wool fabric, which will serve as the "batting" between the appliquéd top and the backing. Turn the edges under ¼", then stitch them down with a running stitch and blue perle cotton.
3. Using black perle cotton, sew a running or quilting stitch around the horse, approximately ¼"–½" away from it. Using a chalk marker, Laurie then marked lines about three inches apart in a sunray pattern emanating from the previous line of stitches that outlined the horse. Using black perle cotton, sew a running or quilting stitch on these lines. It is okay for the knots to show on the back because they will be concealed by the backing.
4. Center the 18" x 20" cotton fabric backing on the 22" x 33" felted wool fabric and pin it in place. Trim ½" away from the blue running stitch (the edge-stitching on the front), then turn under the fabric edge and blind-stitch the backing into place along the blue stitched line.
5. Using a black permanent Sharpie® marker, draw the zig zag borders in the template insert on the back of the felted wool fabric that extends beyond the perimeter of the backing and appliquéd top. Then cut off the excess wool, including the marked black line.

A lifelong needle artist, Laurie Simpson was first inspired to try quilting at the age of 14 when a patchwork quilt in a magazine caught her eye. Drawn to traditional themes and techniques, she prefers to piece, appliqué, and quilt by hand. Her quilts grace galleries and private collections. She has been featured in several magazines, including *Country Home, Architectural Digest, American Patchwork & Quilting, Quilt Sampler,* and *Quiltmania.* Laurie also designs fabric for Moda Fabrics with her sister and design partner, Polly Minick. She lives with her husband, Bill, and a rescued Boxer named Gibby in Ann Arbor, Michigan.

Contact Information

For more information on Laurie's designs, contact her at www.minickandsimpson.com or www.minickandsimpson.blogspot.com.

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."

~Edith Sitwell

Primitive Quilts
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side edge guide

long edge guide
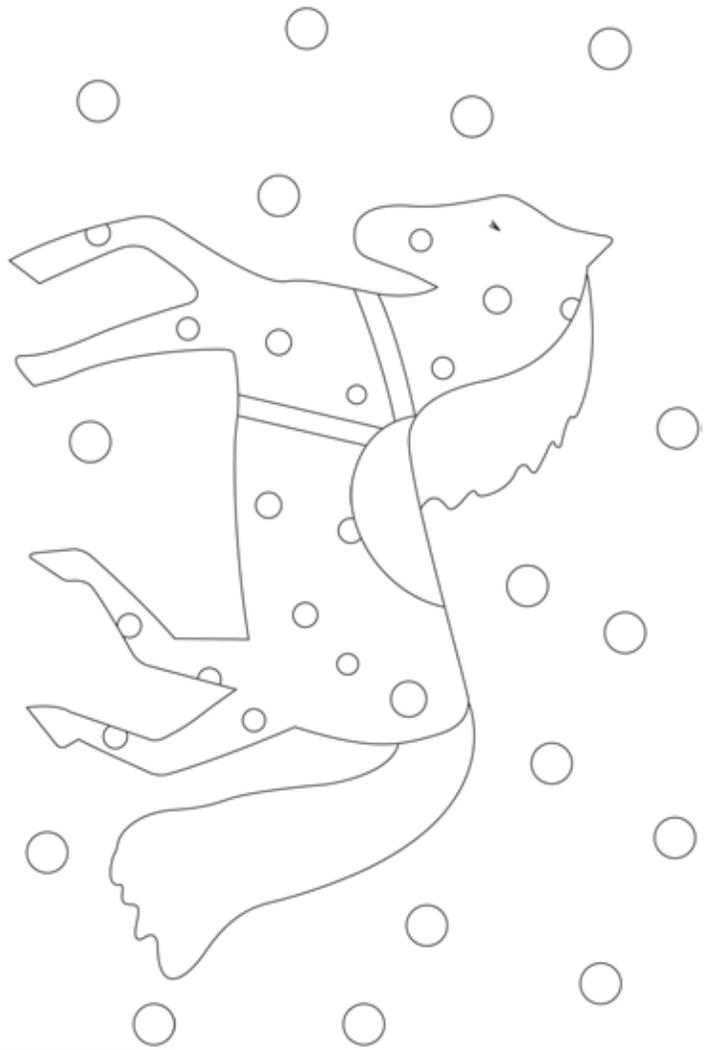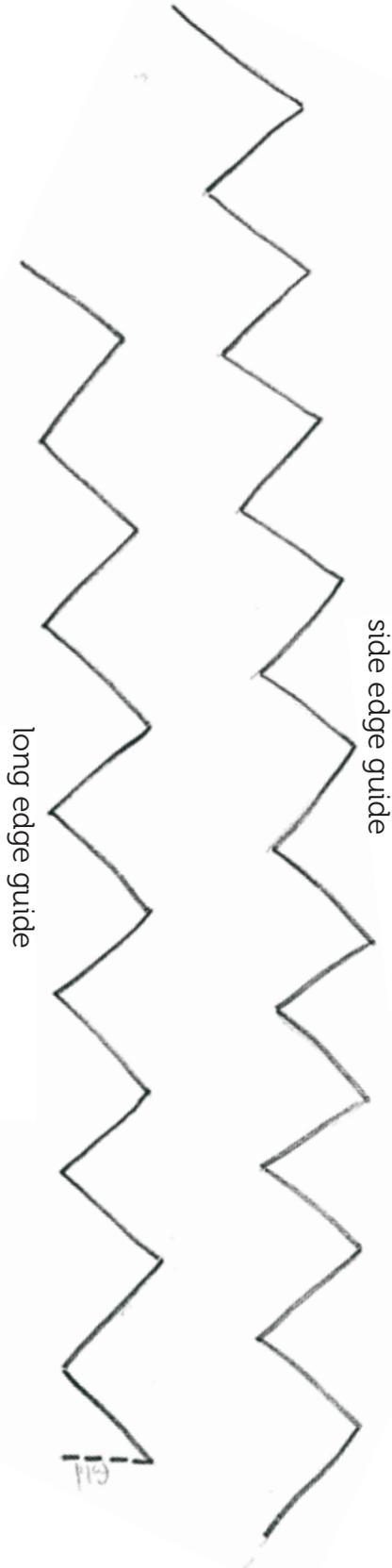
enlarge 200%

Polka Dot Prance
Laurie Simpson
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Midnight in the Garden

Designed by Kathy Schmitz
Finished size: 40" x 40"

When I was a kid, I loved looking through kaleidoscopes. Within their seemingly complicated images is an element of simplicity—the use of repeated designs. To this day, I still love images composed of repeated designs, which take center stage in this table topper of high-contrast fabrics.

Material Requirements

1⅛ yard black print for appliqué
     background and border (Kathy
     used Black Crackle by Moda)
⅛ yard red solid for berries and stars
½ yard red print for flowers and border
½ yard green print for leaves and border
⅛ yard cream print for flower centers
     and border
2⅔ yards fabric of your choice for
     backing
⅓ yard black print for binding
Steam-A-Seam 2 Double-Stick fusible web

Cutting Instructions

To cut the black fabrics most efficiently, see the following diagram.

4-3½" squares

1-24" square

8-1½" x 24" strips

Selvage

Selvage

3½" x 24" strip
3½" x 24" strip
3½" x 24" strip
3½" x 24" strip

1½" x 19" strip
1½" x 19" strip
1½" x 19" strip
1½" x 19" strip

16-½" x 3½" strips
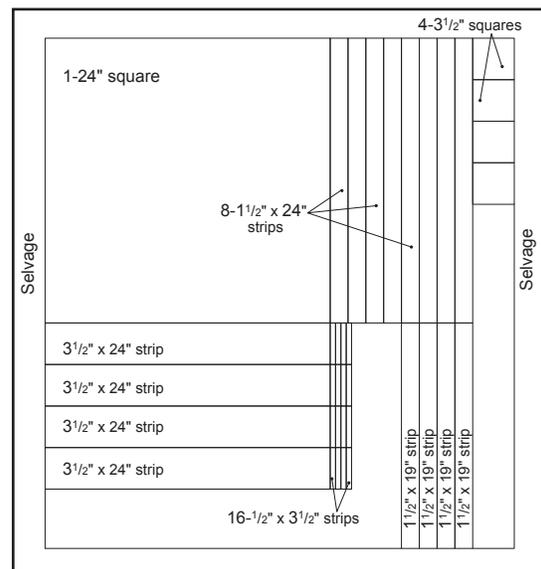
Cutting Diagram for Black Fabric Only

From black print, cut:
- 1—24" square for appliqué background
- 8—1½" x 24" strips for border
- 4—3½" squares for border
- 4—3½" x 24" strips for border
- 8—1½" strips the width of fabric for border, then sub-cut:

- 4—1½" x 19" strips
- 16—1½" x 3½" strips

From red print, cut:
- 9—1½" strips the width of fabric for border, then sub-cut:
  - 8—1½" x 24" strips
  - 3—1½" x 13" strips
  - 16—1½" x 3½" strips
  - 2—1½" x 19" strips

From red solid, red print, green print, and cream print, cut:
- Flowers, flower centers, berries, leaves, and stars the number of times noted in the template insert

From green print, cut:
- 4—1½" strips the width of fabric for border, then sub-cut:
  - 4—1½" x 24" strips
  - 8—1½" x 3½" strips
  - 1—2" x 26" strip for stems. Then iron a 2" x 26" strip of Steam-A-Seam to the back of the strip and sub-cut it into 4—¼" x 24" strips

From cream print, cut:
- 2—1½" x 13" strips for border

Appliqué Preparation

1. Fold the 24" black print square in half lengthwise and widthwise, then finger press. Fold it in half on the diagonals, then finger press.
2. Peel the paper backing off the ¼" x 24" green print stem pieces. Referring to the photo on page 75 for placement, arrange the stems on the finger-pressed lines of the 24" black print square so that they all intersect in the center. Trim their lengths as needed.
3. Trace the appliqué pieces onto the fusible web. Cut out the pieces about ⅛"- ¼" outside the drawn lines. Peel off the paper backing and iron the appliqué pieces to the back of the fabrics, following the

manufacturer's instructions. Then cut out the shapes on the drawn line.

Sewing Instructions

Appliqué block

Referring to the photo on page 75 for placement, arrange the appliqué shapes along the green stems, layering the pieces from the background to the foreground. The tips of the big leaves should tuck under the stems. The small leaf tips should tuck under the light bloom centers. Then iron the shapes in place, following the manufacturer's directions.

Border

The arrows in the following diagrams indicate the pressing direction.

1. Sew together the 1½" x 24" red print, black print, and green print strips on the long sides as shown on page 74, then press. To avoid wavy strips, sew long seams in opposite directions. Repeat to make a total of four of these strips. Then sew one of the 3½" x 24" black strips to one side of the unit. Repeat to make four of these sections.

2. Sew together the 1½" x 3½" red print, black print, and green print strips on the long sides as shown below. Repeat to make a total of eight of these units. Press.


3. Sew together the 1½" x 19" black print and red print strips on the long sides. Then sub-cut them into 12—1½"-wide pieces.

Quilt Assembly Diagram
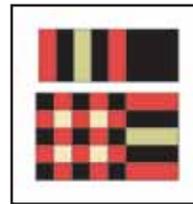
4. Sew together the 1½" x 13" red print and cream print strips as shown below. Then sub-cut them into 8—1½"-wide pieces.
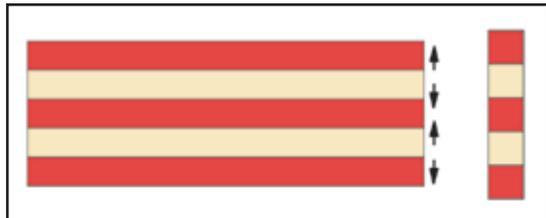

5. Referring to the following diagram for placement, sew three 1½"-wide strips from step 3 and two 1½"-wide strips from the previous step to create a 25-patch block. Repeat to make a total of four of these blocks.
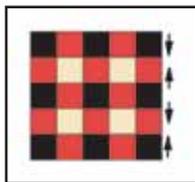
6. Sew a 3½" black print square to the red side of one of the units from step 2. Repeat to make a total of four of these units.
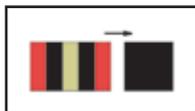
7. Sew one of the units from step 2 to one of the units from step 5. Repeat to make a total of four of these units.
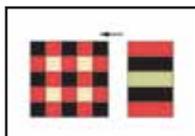
8. Sew the unit from the previous step to the unit from step 6. Repeat to make a total of four of these units.

9. Sew a unit from the previous step to both ends of the unit from step 1. Repeat to make a second unit.

Finishing the Quilt

1. Referring to the quilt assembly diagram on page 73, sew a unit from step 1 in the **Border** section to both sides of the appliquéd block.
2. Referring to the quilt assembly diagram, join the unit from the previous step to the two rows from step 9 in the **Border** section to complete the quilt.
3. Sandwich the quilt top, batting, and backing; baste. Quilt as desired, then bind.

From an early age, Kathy Schmitz has kept pencil and paper close in hand for sketching design ideas. Family and friends nurtured her creativity. Her Grandma Ruby taught her how to knit, a neighbor taught her to embroider, and most importantly, her mother taught her how to use her old Singer sewing machine. Kathy and her husband Steve make their home in a little brick cottage in Portland, Oregon. Filled with inspiration in the form of old books, antique toys, baskets of wool strips, and yards of fabric, her studio offers a wonderful place to create, whether she is drawing, painting, or stitching. Kathy designs fabric for Moda Fabrics and produces a line of hand embroidery patterns, cross stitch designs, and clip art for quilters. She has also authored books on appliqué, embroidery, and quilting.

Contact Information

For more information on Kathy's designs, contact her at www.kathyschmitz.com, www.kathyschmitz.blogspot.com, or www.etsy.com/shop/kathyschmitz.

Cut 4 Red Print

Cut 8 Green

Cut 4 Light

Cut 4 Red

Cut 4 Green

Cut 8 Green

Cut 4 Green

Cut 29 Red
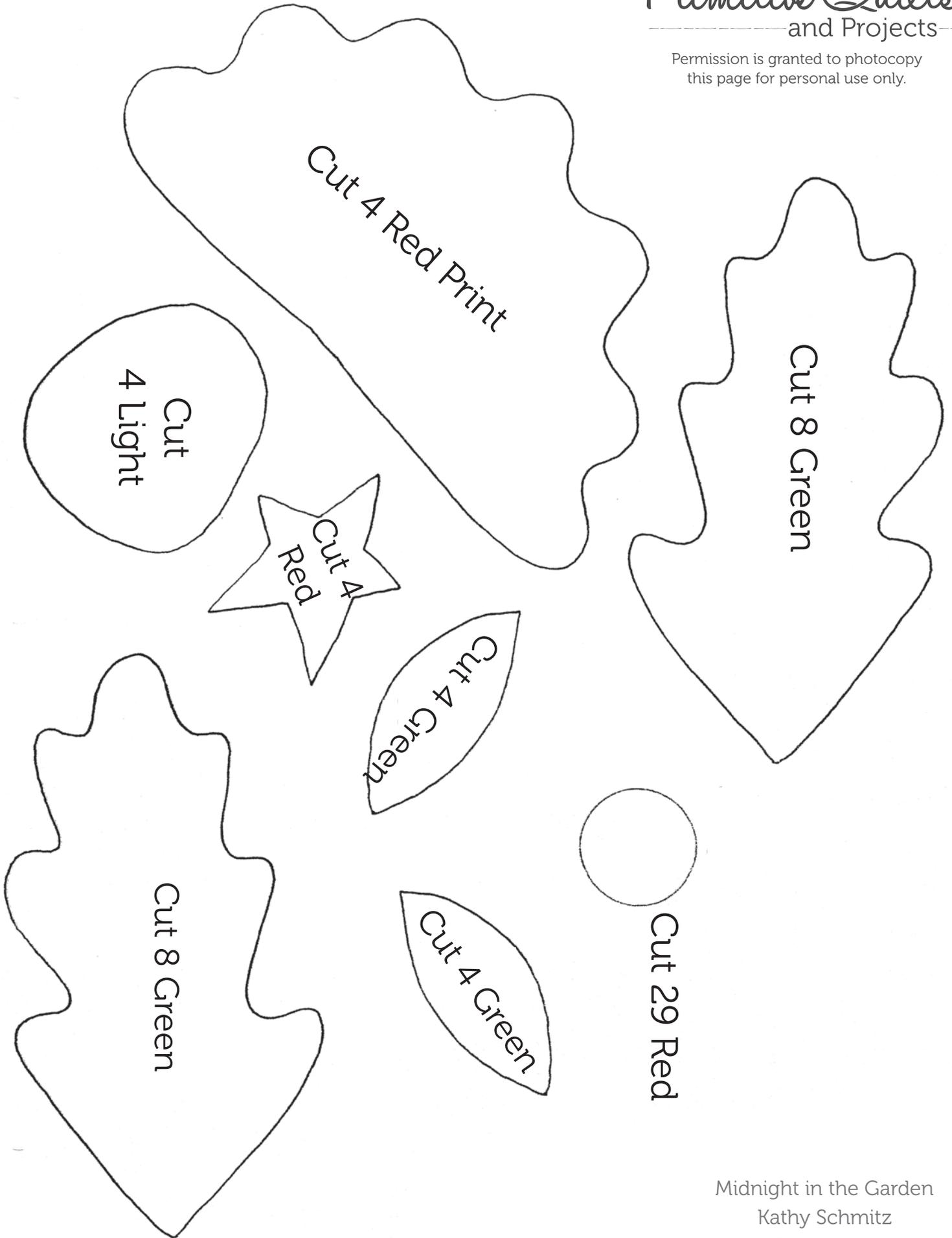
Pines and Needles

Phyllis Meiring of In the Patch Designs
Finished size: 17" x 48"

Project Level of Difficulty
Intermediate

I love the look of fresh pinecones sprinkled across a tabletop, but I don't like the messy pine tar that often comes with them. As I searched for a practical yet pretty solution to this dilemma, fiber once again became my friend. This large table runner would look charming atop a primitive table.

Material Requirements

50—1½" x 4" rectangles of various red prints
        and homespuns
⅛ yard total of 5 different red prints (or more
        if you like an even scrappier look)
1½ yards black heather flannel, brushed
        homespun, or heather wool for
        background and backing
6" x 10" of two different brown wools for
        pinecones (Phyllis likes hand-dyed and
        tweed wool)
14" x 60" tan wool for vine
⅝ yd tan plaid brushed cotton homespun for
        binding
Glue stick
Tan wool thread
Medium brown wool thread
No. 8 perle cotton in grass green

Cutting Instructions

From black heather flannel, brushed
homespun, or heather wool, cut:
• 2—3¼" x 50" strips for background
• 1—9¼" x 50" strip for background
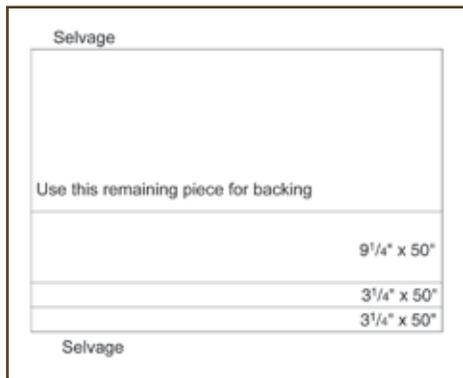
From assorted red prints, cut:
• 50—1½" x 4" rectangles for pieced strips

From tan plaid brushed cotton homespun, cut:
• 2½" x 140" strips for bias binding

From two brown wools, cut:
• Pinecone segments in template insert

Sewing Instructions

*Phyllis recommends you sew, quilt, and bind
this project BEFORE appliquéing the wool or
embroidering because the appliqué pieces will
lay nicer if you don't have to quilt over them. In
this method, the quilt becomes the foundation
for stitching, eliminating the need for a hoop.
The following instructions are written for this
method.*

1. Arrange the assorted red print rectangles
    from lighter to darker shades. Begin by
    layering two of them right sides together,
    then sewing them end to end with a
    diagonal seam as shown in the following
    diagram. Trim a ¼" seam allowance.
    Continue adding new rectangles to this
    strip until you have sewn one continuous
    piece. If you place the new rectangle in
    the same position and sew each one in
    the same direction, you will get the same
    angle cut all the way across the piece. Press
    all seam allowances in the same direction.
    Repeat this step to make a second pieced
    strip. NOTE: You will cut off the excess later
    after you sew these two strips to the black
   background strips.
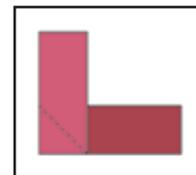
2. Referring to the quilt assembly diagram
    on page 48, sew together the 2—3¼" x 50"
    black background strips, the two pieced red
    strips, and the 9¼" x 50" black background
    strip. Press all the seam allowances to the
    black fabrics. Then trim any excess from the
    two pieced red strips so that they are even
   with the rest of the table runner top.

Quilt Assembly Diagram

3. Sandwich the quilt top, batting, and backing; baste. Quilt as desired. Phyllis' quilt is stitched in black thread with a pine-needle roping design, which creates the illusion of darker pine needles in the background. Square the quilt, then bind.

4. Referring to the following diagram for placement, trace the following two patterns on 4-5 sheets of paper, repeating them as necessary to create the pine roping vine design. Then appliqué the ¼"-wide tan wool strip to the center black background strip, using a Fly stitch and tan wool thread (For a scrappier look, you can join several long strips to create the vine. If you choose this option, Phyllis recommends cutting the ends diagonally, abutting them, then whip-stitching them together using matching thread. Make the stitch large enough to extend beyond the wool strip). Then embroider the vine if you wish.
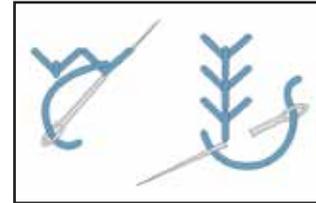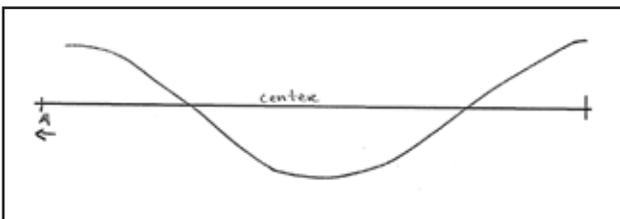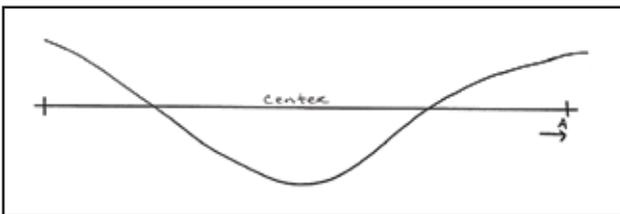
5. Using tan wool thread (doubled) and an outline stitch, create the needle branches.

6. Using No. 8 perle cotton in grass green and long stitches, create the needles.

7. Glue the pinecones in place, then use a blanket stitch and brown wool thread (doubled) to stitch the entire outer edge of each one.
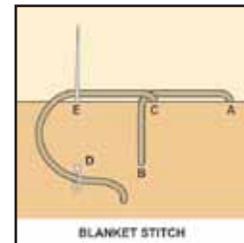
8. With the brown wool thread (doubled), lock down the middle of the cones along the ridges. You can achieve a more dimensional effect by stitching into the bottom of the ridges on the cones between the cone petal, then drawing the thread up and over the top, pulling slightly, then running the needle in and under the cone petal through to the next in-between spot.
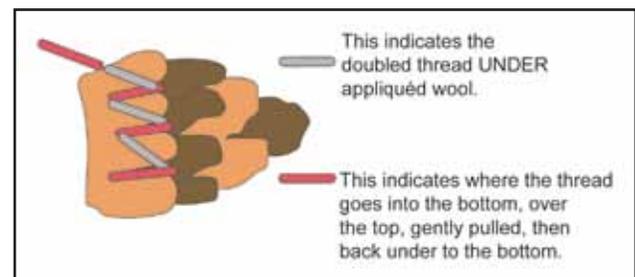
9. If there are spaces that seem bare, fill them in with a needle branch and needles, or stitch little nubbins with the tan wool thread using an outline stitch.

They say some folks are born with a silver spoon in their mouths; Phyllis Meiring was born with a needle and thread in hers. Throughout her life, these handy sewing tools have been her constant companions, providing solace, self-expression, and a voice for her creativity.

Contact Information

For more information on Phyllis' designs or to order a project kit that includes the quilt top and binding ($54.95 plus shipping), contact her at info@inthePatchdesigns.com.

Vary the size and
number of needles
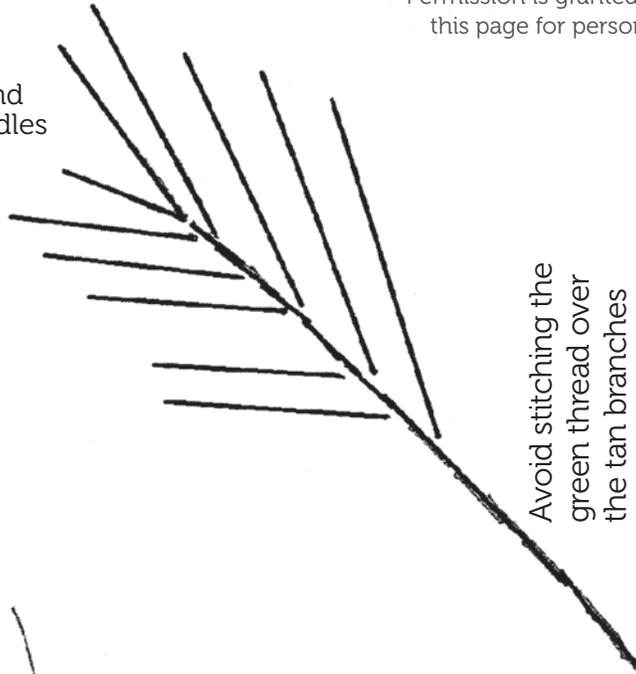
Avoid stitching the
green thread over
the tan branches

Use at least 2 brown
tones and place the
darkest on the bottom
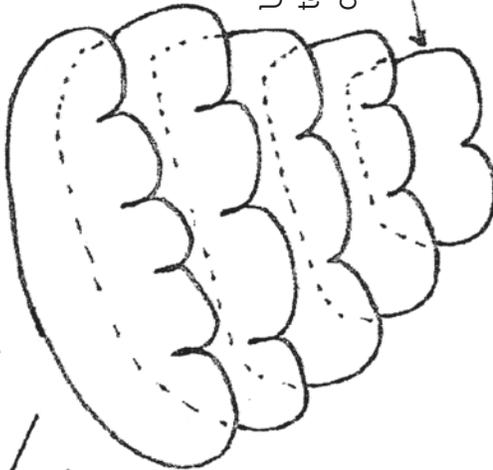
The dotted lines indicate
where the pieces are
tucked under. Be sure to
cut appropriately

Pines & Needles
Phyllis Meiring
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