

PLEASE USE THIS VERSION IF YOU DO NOT HAVE THE EASY-ANGLE TOOL

THREE SISTERS

Designed by Jill Shaulis and Vicki Olsen of Yellow Creek Designs

Quilted by Marg Knoup

Finished size: 24" x 32" (Approximate)

Finished block size: 6" x 6"

Intermediate difficulty

MATERIAL REQUIREMENTS

1 yard cream print for block, sashing, and border backgrounds

1/3 yard for binding

7/8 yard for backing

1/4 yard Steam-A-Seam fusible web

Valdani thread #893 and #0503

Holiday version only:

1 fat quarter each of 3 red prints, 3 green prints, and 3 black prints for blocks and border

6" x 6" green wool for berries

5" x 5" red wool for holly leaves

Everyday version only:

1/2 yard each of red print, green print, and blue print for blocks and border

4" x 4" green wool for leaves

4" x 4" red wool for flower centers

1 1/2" x 4 1/2" blue wool for flowers

CUTTING INSTRUCTIONS

Fabrics listed below are for the holiday version only. If doing the everyday version, substitute the blue print for the black print.

From cream print, cut:

- 36—1 1/2" squares for block backgrounds
- 36—2" squares for block backgrounds
- 36—4" squares for block backgrounds
- 2—4 1/2" x 20" strips for sashing
- 4—2 1/2" x 44" strips for inner border
- 24—4" squares for outer border
- 2—3" squares for outer border

From *each* red, green, and black print, cut:

- 4—1 1/2" squares for blocks
- 12—2" squares for blocks

- 1—2½" square for blocks

From assorted red prints, cut:

- 12—4" squares for outer border. Then cut squares once in half diagonally from corner to corner

From assorted green and black prints, cut:

- 24—4" squares for outer border. Then cut squares once in half diagonally from corner to corner
- 2—3" squares for outer border corners

From green print, cut:

- 4—2½" strips the width of fabric for binding

SEWING INSTRUCTIONS

The instructions below are for one block. Repeat for the other eight block color combinations. Fabrics listed are for the holiday version only. If doing the everyday version, substitute the blue print for the black print.

Blocks

1. With right sides together, layer a 2" cream print square on top of a 2" red print square. Then draw a diagonal line from corner to corner. Stitch ¼" on both sides of the drawn line, then cut on the drawn line to yield two half-square triangle units. Press toward the red print. Trim the units to measure 1½" square. Repeat with three more sets of squares.
2. Using two half-square triangle units, one 1½" cream print square, and one 1½" red print square create the following units. Repeat to make a total of four of these units.
3. With right sides together, layer a 4" cream print square on top of a 4" green print square. Then draw a diagonal line from corner to corner. Stitch ¼" on both sides of the drawn line, then cut on the drawn line to yield two half-square triangle units. Press toward the green print. Repeat with a black print square and green print square. With right sides together, lay one of each combination with greens opposite each other, then cut from point to point. Stitch along each cut line, making sure the seams in the middle line up. Press the seam open. Trim the unit to measure 2½" square. Repeat with the remaining squares/half-square triangles to make a total of four Hourglass units.
4. Sew together 4 units from step 2, four units from step 3, and one 2½" green or red print square (whichever color matches the corner unit) to create one block. Press these seams open so the block will lay nice and flat. Make three rows of three blocks each. Press the seams open. Set aside.

Sashing

The sashing strips are cut a bit larger than necessary so they can be trimmed once

they are appliquéd. Prepare the wool appliqué pieces with Steam-A-Seam fusible web, following the manufacturers instructions.

1. Referring to the photo of the quilt in the magazine for placement, stem-stitch the vine using Valdani #893 thread.
2. Referring to the photo of the quilt in the magazine for placement, position the wool pieces along the vine, then stitch the leaves with a blanket stitch with Valdani #893 thread and the holly berries with Valdani #0503 thread. The corner appliqué will be added later.
3. Trim the appliqué strip to 4½" wide by the length of your rows. Repeat for the second appliqué strip.
4. Referring to the quilt assembly diagram in the magazine, join the three block rows and two appliquéd sashing strips to complete the quilt center.

Pieced Outer Border

You will make the outer border sections *before* adding the inner border to make sure the inner border fits the necessary dimensions.

1. With right sides together, layer a 4" cream print square on top of a 4" red print square, then draw a line diagonally from corner to corner. Stitch ¼" on each side of the drawn line, then cut on the drawn line. Press toward the red print. Use a variety of cream print and red print squares to make a total of 24 half-square triangle units. Cut each of these half-square triangle units in half from point to point.
2. Pair up a green print or black print triangle with a red/cream print unit from the previous step, then sew them together on the longest side of the triangles. Press toward the green or black print side. **NOTE:** the green or black sections will be larger than the other side. Using a Precision Trimmer 6™ or a method of your choice, trim these units to measure 2½" square.
3. Referring to the diagram for the pieced border in the magazine, piece two rows of 10 units to create the top and bottom borders. Piece two rows of 14 units to create the side borders. Press the seams open.

Inner Border

1. Measure the length of the quilt center. Subtract the quilt center measurement from the pieced border measurements, then divide that figure by two and add ½" for seam allowances. Cut your side border strips to match that measurement. Referring to the quilt assembly diagram in the magazine, sew the side inner border strips to the quilt center and press the seams toward the inner border.
2. Measure the width of the quilt center PLUS the side borders. Subtract that measurement from the measurement of your side pieced border measurements, then divide that number by two and add ½" for seam allowances. Cut your top and bottom border strips to match that measurement. Referring to the quilt assembly diagram in the magazine, sew the top and bottom inner border strips to the quilt top and press the seams toward the inner border.

Finishing the Quilt

1. Referring to the quilt assembly diagram in the magazine, sew the side pieced borders to the project and press toward the inner border.
2. To complete the top and bottom border, make four half-square triangle units by layering a cream square and green or black square right sides together. Draw a line diagonally from corner to corner. Stitch $\frac{1}{4}$ " on each side of the drawn line. Press toward the green or black print. Trim the units to measure $2\frac{1}{2}$ " square. Repeat with one more set of squares. Referring to the quilt assembly diagram in the magazine, sew the top and bottom pieced borders to the quilt center and press toward the inner border.
3. Referring to the quilt photo in the magazine, sew the remaining appliqué to the upper left hand corner of the inner border. It is okay to overlap it with the piecing.
4. Sandwich the quilt top, batting, and backing; baste. Quilt as desired, then bind.